

### Patient Details

Name  DOB

Address

Phone  Email

### Sleep Services Required

Home Based Sleep Study       Sleep Physician Consultation  
 CPAP Trial       Sleep Physician (Telehealth)  
 CPAP Support       Positional Therapy

### Screening Questionnaires

<b>OSA50</b>		If yes, score: /10
Obese	Is waist circumference >102cm for males or >88cm for females?	<input type="checkbox"/> 3
Snoring	Is snoring disruptive to anyone?	<input type="checkbox"/> 3
Apnoeas	Has anyone observed you stopping breathing during your sleep?	<input type="checkbox"/> 2
50 Years	Are you over 50 years in age?	<input type="checkbox"/> 2

### Epworth Sleepiness Score

Total score: /24

<b>Sitting and reading</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing	<b>Watching TV</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing	<b>Sitting quietly in a public place</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing	<b>In a car stopped in traffic</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing
<b>Sitting and talking to someone</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing	<b>Sitting quietly after lunch without alcohol</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing	<b>Lying down to rest in the afternoon</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing	<b>As a passenger in a car for an hour without a break</b> <input type="radio"/> 0. Never doze <input type="radio"/> 1. Slight chance of dozing <input type="radio"/> 2. Moderate chance of dozing <input type="radio"/> 3. High chance of dozing

Note: Medicare rebate for home based sleep studies requires a OSA50 score of greater than equal 5 and a ESS of greater than equal 8.

### Referring Doctor Details:

### Signature

Provider Number

Date

## Clinical Details

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Obesity             | <input type="checkbox"/> Daytime Somnolence             |
| <input type="checkbox"/> Hypertension        | <input type="checkbox"/> Mobility Impairment | <input type="checkbox"/> Commercial Driver              |
| <input type="checkbox"/> Atrial Fibrillation | <input type="checkbox"/> Restless Sleep      | <input type="checkbox"/> Heavy Machine Operator         |
| <input type="checkbox"/> Heart Failure       | <input type="checkbox"/> Morning Headaches   | <input type="checkbox"/> Pacemaker                      |
| <input type="checkbox"/> Stroke/TIA          | <input type="checkbox"/> COPD                | <input type="checkbox"/> Clinical History (attach note) |
| <input type="checkbox"/> Other               |  |   |

---

All medicare subsidised studies must meet the criteria of the OSA50 and ESS in accordance with Medicare item 12250. The assessment and reporting of all our home based sleep studies includes a Registered Polysomnographic Technologist (RPSGT) and specialist sleep physician.

---

Rockingham CPAP provides sleep services from diagnostics through to treatment of Sleep Apnoea. We perform level 2 diagnostic home based sleep studies. We offer a number of treatments from positional therapy with Nightshift, through to CPAP and APAP devices.

## Approved DVA and NDIS Supplier



Phone 08 9593 6166

Fax 08 9593 6266

manager@rockinghamcpap.com.au

Shop 23/206 Warnbro Sound Ave

Warnbro WA 6169

---

Rockingham CPAP is proudly partnered with Warnbro Pharmacy

